

Raising Counter-Culture Kids

Raising Kids Who Stand Firm in
Faith and Truth

Susan Rose

A photograph of a woman with long brown hair and a young girl with a blue bow in her hair, both looking down at a book on a wooden table. The woman is wearing a light-colored sweater, and the girl is wearing a red sweater. The scene is lit with warm, natural light from a window in the background.

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Dear Mama,



The world is loud right now—louder than ever. It's shouting lies at our kids every day through their screens, their schools, and sometimes even their churches. And if you've ever laid awake at night wondering how to fight back with truth... I want you to know, you're not alone.

This guide is for the mom who's not afraid to raise kids who stand out—not because they're rebellious, but because they are rooted. It's for the mama who still believes the Bible is true, God is sovereign, and her children were born for such a time as this.

You don't need a seminary degree. You need God's Word in your hand, and the Spirit in your home. I'm here to equip you with both.

In truth and courage,
Susan Rose
Plain Truth Mama
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Table of Contents

5 Lies Culture is Telling Our Kids **04**

5 Biblical Truths to Teach Early & Often **11**

Conversation Starters by Age **18**

Truth-at-Home Habits Checklist **25**

Printable Scripture Cards **33**

Build Your Family's Worldview Wall **40**

Recommended Resources **46**

Why This Matters **53**



5 Lies Culture is Telling Our Kids (and the Truth That Sets Them Free)

If you're raising kids today, you don't need me to tell you the world has changed. The messages that are being preached from screens, classrooms, and even children's books are often radically opposed to the Word of God. And it's not subtle anymore. What used to be whispered is now shouted. What used to be private is now posted.

As Christian parents, we have a calling—not just to protect our children, but to prepare them. To help them recognize deception when they hear it and hold fast to truth with both hands. That starts with identifying the lies that are being sold to them daily—and replacing them with God's unchanging truth.

Let's walk through five of the most dangerous cultural lies today's kids are facing.

Lie #1: “Truth is whatever you feel.”

This lie is everywhere. It’s baked into children’s movies, teen TV shows, and even the classroom. It goes like this: “Trust your heart,” “Be true to yourself,” or “Live your truth.” The idea is that truth is not something fixed or absolute—it’s personal, changeable, and based entirely on feelings.

But the Bible teaches something radically different.

Truth: “Sanctify them by the truth; your word is truth.” —John 17:17

Truth isn’t something we invent. It’s something we discover—because it already exists, and it exists in God’s Word.

Parent Coaching:

Teach your children that feelings are real, but not always reliable. A helpful way to explain this to younger kids is: “Feelings are like weather—they change. But God’s Word is like a mountain. It never moves.” As they grow older, have intentional conversations about how to measure their thoughts and emotions against Scripture. Model it yourself: “I’m feeling really upset today, but I know what’s true is...”



Lie #2: “Love means accepting all choices.”

Today’s world has confused love with approval. Kids are told that if you really love someone, you’ll celebrate whatever they do—no matter how destructive or sinful it may be. Love, in this version, means staying silent. It means never saying, “That’s wrong.”

But biblical love tells a different story.

Truth: “Love... does not rejoice in wrongdoing, but rejoices with the truth.” —1 Corinthians 13:6

God is love. But His love is never divorced from truth. In fact, it’s because He loves us that He tells us the truth—even when it hurts. Jesus never affirmed sin. He met people where they were—but He always called them to something higher.

Parent Coaching:

Start teaching your children that love and truth go hand in hand. Give them real-world examples: “If you saw your friend walking into traffic, would you say nothing because you didn’t want to upset them? No—you’d shout and pull them back. That’s love.” Reinforce the idea that it’s possible to love someone deeply while disagreeing with their choices. Love doesn’t lie.



Lie #3: “You are the center of your universe.”

Self-focus has become a defining feature of modern culture. Children are constantly told: “Follow your dreams. Put yourself first. You do you.” While confidence and healthy boundaries are important, the modern message goes beyond that—it elevates self as the ultimate authority. This kind of thinking leads to entitlement, discontentment, and a rejection of the very idea of self-sacrifice.

But Jesus flipped that on its head.

Truth: “Whoever wants to be first must be slave of all.” —Mark 10:44

The Christian life isn’t about being the star of your own show. It’s about serving others, laying down your life, and living for something—and Someone—greater than yourself.

Parent Coaching:

Look for opportunities to cultivate humility and service in your home. Teach your kids that the world doesn’t revolve around them—but that their life matters because it’s part of God’s bigger plan. Involve them in chores, acts of service, and family decisions. Praise character over performance: “I love how you helped your sister just now—that was a servant’s heart.”



Lie #4: “The Bible is outdated and intolerant.”

Today’s kids are growing up in a world that treats the Bible as irrelevant—or even offensive. They’re told it’s old-fashioned, rigid, and out of step with modern values. Standing on Scripture can make them feel like outsiders, especially in school or online.

But the truth is, God’s Word isn’t outdated. It’s eternal.

Truth: “All Scripture is God-breathed and useful...” —2 Timothy 3:16

The Bible doesn’t change because God doesn’t change. It wasn’t written to make us comfortable—it was written to lead us to life. Scripture doesn’t bow to culture. It stands firm, even when the world around us shifts.

Parent Coaching:

Normalize Bible reading at home. Don’t just quote verses—open the Word with your kids. Let them ask hard questions, and don’t be afraid to admit when you need to look something up together. Talk often about why we trust the Bible—because it’s consistent, fulfilled prophecy, historical, and inspired by the Creator Himself. Teach them that truth isn’t measured by popularity—but by God’s authority.



Lie #5: “If it feels good, it must be right.”

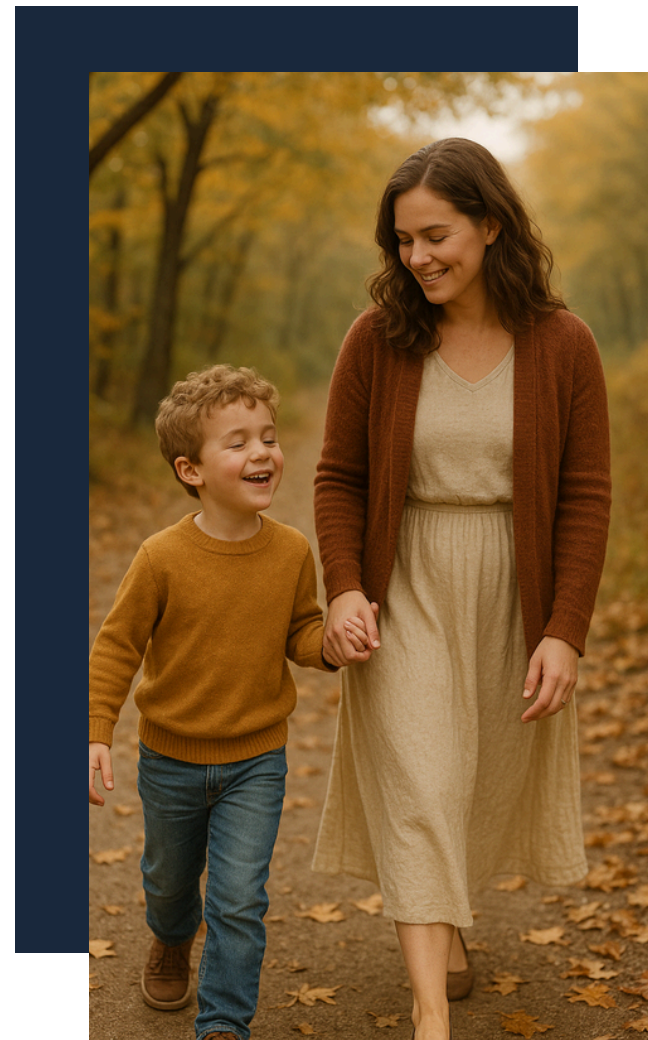
This is the lie of moral relativism mixed with hedonism. It teaches our kids that pleasure is the highest pursuit—and if something brings you happiness, then it’s automatically good. This shows up in entertainment, advertising, and even children’s books that prioritize “being happy” over doing what’s right. But what feels good in the moment can lead to bondage in the long run.

Truth: “There is a way that seems right to a man, but in the end it leads to death.” —Proverbs 14:12

God doesn’t call us to pursue temporary pleasure. He calls us to pursue righteousness, which leads to real joy. His commands are not restrictive—they’re protective.

Parent Coaching:

Help your kids think long-term. When they’re facing a temptation or decision, ask, “What might this lead to?” Share personal stories when appropriate. Teach them that self-control and obedience lead to lasting blessing, even when it’s hard in the moment. Affirm that God wants their joy—but His way is better than anything the world offers.



Raising Truth-Bearers in a World of Noise

Your child doesn't need to be perfect. But they do need to be equipped. And the greatest gift you can give them isn't a better education, a fancier phone, or a head start on college.

It's a biblical worldview.

It's eyes that can see clearly when the world tries to confuse. It's a heart that beats for what is holy, not what is trending. It's the courage to say, "I belong to Christ," even if they stand alone.

The lies your children are hearing today are loud. But God's truth is louder—when it's planted deep, watered daily, and lived out in love.

Keep planting, Mama.

Your work matters more than you know.





5 Biblical Truths to Teach Early & Often

As Christian parents, our greatest calling is not to raise popular kids, perfect kids, or even particularly “successful” kids. It’s to raise faithful ones—kids who know the truth, love the truth, and live the truth.

The enemy of their souls is strategic. He starts young. He whispers lies into the hearts of little ones through cartoons, songs, storybooks, and culture. But you know what? We can start young too.

Here are five foundational biblical truths every child needs planted early and repeated often. These aren’t just “lessons”—they’re lifelines.

Truth #1: God made you on purpose and with a purpose.

“I praise you because I am fearfully and wonderfully made.” —
Psalm 139:14

his is the foundation. Before a child ever asks, “Who am I?” or “Do I matter?”, we can root them in the truth that they were handcrafted by the Creator of the universe. They aren’t here by accident. They are fearfully and wonderfully made—on purpose, for a purpose. Culture says their worth comes from looks, achievements, or identity labels. But God says otherwise.

This truth quiets both insecurity and pride. It reminds them they are created—defined by God, not feelings. And it assures them they are loved—worth is not something they earn. It’s already theirs.

Parent Coaching:

Start young. When brushing hair, say, “God made your beautiful eyes.” When they feel discouraged, say, “God gave you that heart for others on purpose.” As they grow, connect their personality, talents, and even their struggles to how God can work through them. Purpose isn’t something they have to discover later. It’s already written in them by the One who made them.



Truth #2: Right and wrong come from God, not from feelings.

“Jesus said to him, ‘I am the way, the truth, and the life.’” —John 14:6

We live in a world where truth is treated like clay—reshaped by emotions, personal opinions, or peer pressure. Kids are constantly told, “What’s right for you might not be right for me,” and that feelings are the ultimate guide.

But Scripture says something better: truth is a person. It’s Jesus. It’s His Word—eternal and unchanging.

This truth gives kids a firm foundation. Instead of chasing what feels good or popular, they learn to build their lives on something solid—God’s truth, not their own.

Parent Coaching:

Use everyday moments to show this truth in action. When a sibling says “That’s not fair!” you can gently respond, “Fair is important, but what does God say is right?” When a child says, “But I feel like it’s okay,” you can answer, “Let’s look at what the Bible says and pray for clarity.” Equip them to test their feelings against the truth—because feelings make a good indicator, but a terrible guide.



Truth #3: Your identity is in Christ, not in culture.

“I have been crucified with Christ and I no longer live, but Christ lives in me.” —Galatians 2:20

One of the biggest battles our kids will face is identity. The world says to define yourself by preferences, feelings, appearance, popularity, or labels—and if you question that, you’re labeled hateful.

But God already answered the identity question: You are Mine. If your child is in Christ, they are a new creation. Their value isn’t up for debate. It doesn’t depend on likes, status, or trends. They don’t need to invent themselves—they’ve already been claimed and called.

Parent Coaching:

Speak identity into your kids often. “You’re a child of God.” “You belong to Jesus.” “You are made in His image.” Especially in a world that shouts, “Be who you want,” whisper often, “You are who God says you are.” Teach them that no matter what culture says about gender, status, or self-expression—God’s Word is what gives us identity that lasts.



Truth #4: We are called to love people, but not affirm sin.

“Have nothing to do with the fruitless deeds of darkness, but rather expose them.” —Ephesians 5:11

This one is tough—especially for kids with tender hearts. The world says love equals agreement, and kindness means celebrating every choice. If you don’t affirm someone’s lifestyle, you’re labeled hateful.

But Scripture is clear: real love doesn’t ignore truth. It holds to God’s standards—with compassion.

Jesus never avoided confronting sin, but He always led with grace. He didn’t condemn the woman at the well—but He didn’t leave her where she was, either. That’s our example.

Parent Coaching:

Talk openly about the difference between loving someone and endorsing everything they do. You might say, “We can love our friends even if we don’t agree with every choice they make—just like God loves us while calling us to live rightly.” As your child grows, equip them with language to stand firm without being cruel. Truth and grace can walk hand in hand—and your child can learn to carry both.



Truth #5: Hard things can grow strong faith.

“Consider it pure joy... whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance.” —James 1:2-3

We naturally want to shield our kids from pain. But we don't want to rob them of the strength that only trials can build.

The world says comfort is the goal. Scripture says the goal is Christlikeness—and that's often shaped through hardship.

Hard times aren't proof God is absent. They're often when He's doing His deepest work—teaching, shaping, and strengthening faith.

Parent Coaching:

When your child faces something difficult—whether it's friendship drama, a lost game, or deep grief—acknowledge their pain. But then gently remind them, “God is doing something in this.” Pray with them for endurance. Share your own stories of how God used pain to grow you. And when life is calm, still plant the seeds: “Sometimes God allows hard things, but He always uses them for good.”



Planting Deep Roots

These five truths are simple enough to say out loud at bedtime—but strong enough to shape a lifetime. The world your children are growing up in will try to plant seeds of confusion, compromise, and counterfeit identity.

But you can plant something better.

Day by day. Verse by verse. Conversation by conversation.

Not because you're perfect. Not because your kids will always "get it."

But because God's Word never returns void.

So keep teaching truth, Mama.

Even if your voice shakes.

Even if they roll their eyes.

Even if you feel like you're the only one.

Because you're not.

God is with you.

And His truth is still the firmest foundation you can give.





Conversation Starters by Age

Discipleship doesn't happen by accident. It happens in small, intentional moments.

One of the best tools you have as a parent is a good question. Not a lecture. Not a lesson. Just a question—one that gets your child thinking, opens their heart, and invites truth into their everyday world.

Kids are surrounded by messages—on screens, at school, in stories, and from peers. If we want to anchor them in truth, we need to be purposeful about how we talk to them. And that starts with knowing what kind of conversations to have at each stage.

Below are simple, age-appropriate prompts to help you engage your children—from toddlerhood through the teen years. Each one includes a practical tip for making the most of the moment.

Ages 4-6

Prompt: “Who made you?”

Truth Focus: God is Creator. You were made on purpose.

How to Use It:

This age is full of curiosity, questions, and wonder. They're learning how the world works—and that includes where they came from. Asking “Who made you?” opens the door to plant foundational truth: “God made you. He made your hands, your eyes, your laugh... He made you just the way He wanted.”

Try This:

- Grab a mirror and do a “Made by God” activity. Ask them to point to their nose, eyes, hair, hands, and thank God for each part.
- Reinforce the idea with a simple phrase they can repeat: “God made me. God loves me. God has a plan for me.”
- Use bedtime to affirm this truth. Say it over them often—let it become the background music of their early years.

Watch For:

At this age, your tone is everything. Keep it warm, repetitive, and simple. Repetition equals retention. Don't underestimate how deeply these truths sink in.



Ages 7-9

Prompt: “What does it mean to be brave for Jesus?”

Truth Focus: Standing up for truth is part of following Christ.

How to Use It:

Kids this age are starting to notice peer dynamics. They want to belong, but they’re also becoming aware of right and wrong. This is the perfect time to introduce the idea that being a Christian means courage—kind, quiet courage that stands for truth even when it’s hard.

Try This:

- Share a story of someone in the Bible (like Daniel or Esther) who was brave for God. Ask them how they think that person felt—and what they might have done in their shoes.
- Share a personal story from your life when you had to stand for truth, even if it was uncomfortable.
- Invite them to role-play scenarios: What would you do if someone made fun of you for reading your Bible? What if a friend said something untrue about God?

Watch For:

Kids this age are still learning nuance. They may see everything in black and white. Help them see that bravery doesn’t always mean loud or dramatic—it can be quiet, steady, and kind.



Ages 10-12

Prompt: “Do you think everyone can have their own truth?”

Truth Focus: Truth is not relative. It’s rooted in God’s Word.

How to Use It:

This is the age when critical thinking starts to develop—and when cultural messages really begin to show up in peer conversations, shows, books, and social media. The idea that “you do you” or “live your truth” is everywhere. This prompt helps you engage that message head-on, without being confrontational.

Try This:

- Bring up a scenario from a show or book they’ve recently seen. Ask: “What do you think that character believed? Was that true? How do we know?”
- Watch a commercial or TikTok together and dissect the message behind it. Ask: “Is that really true—or just someone’s opinion?”
- Go to Scripture together. Read John 14:6. Ask: “What does it mean that Jesus is the truth?”

Watch For:

Preteens may begin to push back or want to explore questions on their own. That’s a good sign. Keep the dialogue open, respectful, and rooted in Scripture—so they know they can come to you, even with doubts.



Teens

Prompt: “What’s the hardest thing about being a Christian today?”

Truth Focus: God is with you. Faith is worth it.

How to Use It:

Teenagers don’t need mini sermons—they need safe space. This age group is wrestling with identity, pressure, temptation, and fear of rejection. If you want honest answers, ask honest questions—then listen without interrupting. Don’t rush to correct or fix. Let them speak. Then gently bring in truth.

Try This:

- Ask this question in a moment of calm—not during a conflict or when they’re stressed. Try during a car ride or late-night snack.
- Let them talk—even if you don’t love what they say. Validate their struggle. Then ask, “What do you think God says about that?” or “How can I pray for you about that?”
- Follow up with encouragement from Scripture. Text them a verse. Write a note. Leave a sticky note on the mirror. Quiet reinforcement is powerful.

Watch For:

Teens can be guarded. Don’t push. Be consistent. The goal is not one deep conversation—it’s a series of small, faithful ones over time.



Tips for Using Conversation Starters Well

1. Don't force it.

Let these prompts unfold naturally. Look for quiet moments when your child is calm, open, and willing to talk.

2. Make it a rhythm, not a one-time thing.

Repeat the same prompt over a few days. Add depth with each conversation. Let them grow with the question.

3. Be ready to share, too.

Your vulnerability invites theirs. Don't be afraid to say, "I struggle with that too," or "Here's what helped me."

4. Keep it rooted in Scripture.

Even if you don't open a Bible every time, try to circle back to what God says. Plant His truth in their minds and hearts.

5. Don't be discouraged by silence.

Sometimes kids don't respond right away. But that doesn't mean they aren't listening. Keep sowing seeds. They're landing.



Final Encouragement

You don't need to be a Bible scholar or a professional counselor to disciple your child. You just need to show up. Speak truth. Ask good questions. Listen well. And keep pointing them back to Jesus.

In a world full of loud lies, your gentle voice of truth matters more than you know. These conversations are more than moments—they are ministry.

Keep going, Mama. You're doing holy work.





Truth-at-Home Habits Checklist

If you want truth to take root in your home, it has to show up in your daily life—not just on Sundays or during “quiet time.” Biblical truth doesn’t just belong in the pages of a devotional. It belongs at the breakfast table. In car rides. On walks. At bedtime. In moments of discipline. In tears and celebrations.

The truth is, you are already discipling your children—every single day. The only question is what you’re discipling them in.

Culture is loud. Screens are loud. The voices of peers and influencers are loud. But truth doesn’t have to shout to be heard. It just has to be consistent.

The habits in this checklist aren’t hard. They don’t require hours of your time or a theology degree. They require something far more powerful: intention.

These five simple practices, when done consistently, help plant and water truth in a way that becomes part of your family culture. Use them not as a burden or a checklist to “get right,” but as gentle rhythms that center your home on what really matters.



Morning Scripture (5 min)

Start the day with truth. It doesn't need to be a full Bible study—just a few verses, a Psalm, or a gospel story. Let your kids hear God's Word before they hear the world's noise. Even five minutes can set the tone for the whole day.

Ideas to try:

- Tape a verse to the bathroom mirror or breakfast table.
- Read a short passage while they eat their cereal.
- Let an older child read aloud.
- If mornings are hectic, try a verse in the car or during drop-off.

Remember, this is about consistency, not perfection. Don't wait until you "have time"—make the time, even if it's short. God honors it.



One “Truth Talk” at Dinner

Dinner time is golden. It’s one of the few moments in a busy day when everyone gathers in one place. Use it as a built-in opportunity to bring truth into conversation.

This doesn’t have to be formal. You’re not preaching a sermon. You’re creating space for meaningful conversation—maybe through a question, a current event, or a story from your day.

Conversation starters:

- “What’s something true about God you needed today?”
- “What did you learn today that reminded you of a Bible verse?”
- “If Jesus had been sitting with you today, what would He have said about what happened?”

Keep it relaxed. You’re planting seeds, not performing a program.



Ask: “What’s one thing you saw or heard today that wasn’t true?”

This question is a game-changer. It trains your child to filter the messages they receive instead of passively absorbing them. It makes them think critically and biblically.

You’re helping them become truth detectors—learning to discern what aligns with God’s Word and what doesn’t. Whether it’s a TikTok trend, a cartoon message, or something said at school, use this question to gently deconstruct the lies with Scripture.

Tip: Don’t jump in immediately to correct. Listen. Ask follow-up questions. Then invite them to compare the message with God’s truth. The goal is to help them learn how to think, not just what to think.



Prayer Together Before Bed

Nighttime is when hearts soften. Worries surface. Walls come down.

A simple prayer together before sleep helps close the day with peace, gratitude, and the reminder that God is near. It doesn't have to be fancy. Just honest.

You can say:

- "Thank You, Lord, for this day. Help us rest in Your truth."
- "God, help us remember who You say we are, not what the world says."
- "Forgive us for where we fell short today. Thank You for grace."

Let them pray, too—even if it's just a sentence. You're teaching them that prayer is part of everyday life, not just for emergencies.



Ask: “What’s one way we can live out truth tomorrow?”

Truth isn’t just something we know. It’s something we do.

End the day by looking ahead. This small habit turns belief into action. It helps your kids see that faith is not just personal—it’s practical.

You’re helping them connect their relationship with God to how they treat others, how they speak, how they work, and how they respond to challenges.

Example answers might include:

- “I can be kind to the classmate who was left out.”
- “I’ll tell the truth, even if it’s hard.”
- “I’ll thank God before my spelling test.”

Even the youngest child can grasp this. It’s a simple way to develop spiritual muscle memory—one day at a time.

Truth-at-Home Habits Checklist

Daily Habits:

- Morning Scripture (5 min)
- One “truth talk” at dinner
- Ask “What’s one thing you saw/
heard that wasn’t true today?”
- Prayer together before bed
- “What’s one way we can live out
truth tomorrow?”

Final Thoughts for This Section

These habits aren't a magic formula. You'll forget some days. You'll fumble through others. But every time you choose to speak God's truth over your home—even in tiny ways—you are building something eternal.

Don't despise small beginnings. Your child doesn't need a perfect parent. They need a faithful one. Someone who shows up. Who listens. Who prays. Who opens God's Word and points them to the Anchor that holds—no matter what the world says.

Let these habits become anchors in your day, not heavy burdens. They are small seeds of truth that, over time, will grow roots your children can stand on.

And when they're grown, and the world is loud, they'll still hear the sound of your voice whispering truth.





Printable Scripture Cards for Kids

One of the simplest, most powerful ways to plant God’s Word in your child’s heart is through repetition. Kids are like sponges. What they see, hear, and speak consistently shapes the way they think and live. That’s why Scripture memory matters—and why it should start young.

These printable Scripture cards are designed to make that process beautiful, practical, and fun.

Each of the 28 handpicked verses speaks to one of four foundational areas every child needs to be rooted in:

- Identity - Who they are in Christ
- Courage - Standing strong in truth
- Obedience - Trusting and following God
- Discernment - Learning to tell truth from lies
-

These cards aren’t just pretty—they’re purposeful. Every verse was chosen with intention. They’re short enough for kids to memorize, yet deep enough to carry them through spiritual battles, peer pressure, fear, and everyday decisions. These are verses to shape a lifetime.

How to Use These Cards

You can print them out on cardstock and cut them apart. Laminate them for durability or hole-punch the corner and put them on a key ring. Stick them on mirrors, lunch boxes, notebooks, or nightstands. Tuck one into your child's backpack before a big test. Add one to your morning routine or dinner table. Use them in moments of correction, comfort, or celebration.

These aren't just for memorization—they're for meditation. Use them to spark conversations. Ask your child what they think it means. Help them connect it to real-life situations. Make it fun—turn it into a game, a craft, or even a challenge with a reward once all 28 are memorized.

Scripture Cards: The Full Set

Each verse is paired with a visual cue—an icon that helps younger children remember the theme. Keep the illustrations simple and charming. Think of this section as both spiritual and visual nourishment.





“Do not be conformed to this world,
but be transformed by the renewal of
your mind...”

– Romans 12:2



“I praise you because I am fearfully
and wonderfully made.”

– Psalm 139:14



“So God created man in His own
image...”

– Genesis 1:27



“See what great love the Father has
given us that we should be called
children of God!”

– 1 John 3:1



“I have been crucified with Christ...
Christ lives in me.”

– Galatians 2:20



“We are His workmanship, created in
Christ Jesus for good works...”

– Ephesians 2:10



“Therefore, if anyone is in Christ, he
is a new creation...”

– 2 Corinthians 5:17



“Be strong and courageous. Do not
be afraid... for the Lord your God is
with you.”

– Joshua 1:9



“Even if we are thrown into the blazing furnace... our God is able to save us.”

— Daniel 3:17



“The Lord is my helper; I will not be afraid. What can man do to me?”

— Hebrews 13:6



“When I am afraid, I put my trust in you.”

— Psalm 56:3



“You are from God, little children, and have conquered them, because the one who is in you is greater..”

— 1 John 4:4



“Watch! Stand firm in the faith! Be courageous! Be strong!”

— 1 Corinthians 16:13



“Do not fear, for I have redeemed you; I have called you by name—you are mine.”

— Isaiah 43:1



“Children, obey your parents in the Lord, for this is right.”

— Ephesians 6:1



“Trust in the Lord with all your heart and do not lean on your own understanding.”

— Proverbs 3:5



“If you love Me, you will keep My commands.”
— John 14:15



“Your word is a lamp to my feet and a light to my path.”
Psalm 119:105



“Do what is right and good in the Lord’s sight, so that it may go well with you.”
— Deuteronomy 6:18



“Blessed are all who fear the Lord, who walk in obedience to him.”
— Psalm 128:1



“Teach me to do your will, for you are my God.”
— Psalm 143:10



“The fear of the Lord is the beginning of wisdom...”
— Proverbs 9:10



“All Scripture is breathed out by God... for teaching, for reproof, for correction, and for training in righteousness.”
— 2 Timothy 3:16



“Test everything; hold fast what is good.”
— 1 Thessalonians 5:21



“Do not be deceived: God is not mocked.”
— Galatians 6:7



“Let no one deceive you with empty words...”
— Ephesians 5:6



“Let the word of Christ dwell in you richly...”
— Colossians 3:16



“Your word is truth.”
— John 17:17

Final Encouragement

These verses are more than just ink on paper. They are swords in your child's hand (Ephesians 6:17), shields in their heart, and anchors for their identity. As they grow up in a world increasingly hostile to truth, these cards will become quiet companions—reminders of who they are and Whose they are.

You may not see the fruit right away. But rest assured: when God's Word goes out, it does not return void (Isaiah 55:11). Each time your child reads one of these verses, you're planting seeds that will grow deep roots in the years to come.





Build Your Family's Worldview Wall

We live in a world that's constantly broadcasting messages—about identity, morality, truth, purpose, and more. Many of these messages directly contradict God's Word. If we're not intentional, they can start to shape our children's thinking long before we realize it. That's why building a clear, biblical worldview isn't optional—it's essential.

What Is a Worldview?

Simply put, a worldview is the lens through which a person sees the world. It's the framework of beliefs that shapes how they interpret life, make decisions, form opinions, and navigate challenges. Everyone has a worldview—even if they've never consciously built one. The question is: is it rooted in God's truth, or in the shifting sands of culture?

For children, their worldview is often formed long before they can articulate it. It's shaped by what they see modeled, what they hear repeated, and what they absorb from media, education, and peers. That's why as parents, we need to be proactive, not passive.

Why Create a Family Worldview Wall?

Creating a “Worldview Wall” is one practical, visual way to reinforce your family’s biblical values. It’s a simple exercise that serves multiple purposes:

- **Clarifies your core beliefs** as a family.
- **Sparks conversations** with your kids about what matters and why.
- **Builds unity** in your household around shared convictions.
- **Helps your children articulate** what they believe and why.
- **Serves as a visible reminder** of your spiritual foundation.

Think of it like hanging the family mission statement—but with an eternal perspective.

How to Use It

You don’t need a fancy printer or professional design. Just a simple template (we’ve included one you can print), a marker or pen, and a few meaningful moments as a family. You can use a dry-erase board, poster board, corkboard, or frame it as printable art.

Choose a central location—somewhere your kids will see it regularly. That could be:

- Your homeschool room wall
- The kitchen or dining room
- The hallway or front entry
- A child’s bedroom door
- Your family’s command center or calendar area

Once it’s posted, it becomes more than just decoration—it becomes part of your family’s identity and spiritual culture.

What to Include on Your Worldview Wall

We've created a printable template with four key prompts. These aren't just statements—they're declarations that shape hearts, guide conversations, and help your kids know where you stand when the world tries to confuse them.

Let's break each one down.

Keep It Alive

This shouldn't be a one-time exercise that gets forgotten. Make it a living document—something you revisit, discuss, and even update. Here's how to keep your Worldview Wall from becoming wallpaper:

- Read it out loud at dinner once a week.
- Use it as a springboard for family devotions.
- Let kids add artwork or verses that connect with it.
- Refer back to it during moments of correction or encouragement.
- Memorize your anchor verse together as a family challenge.



1 "Our Family Believes..."

This is your opportunity to write a short, gospel-centered summary of your faith. Keep it simple enough for even the youngest child to understand.

Example:

"We believe in God the Father, Jesus His Son, and the Holy Spirit. We believe the Bible is true. We believe that Jesus is the only way to heaven, and we are called to follow Him with our whole lives."

Make it your own. Some families may want to include specific doctrinal points. Others may prefer a broader summary of core truths. The goal is clarity, not complexity.



2 "Our Bible Verse Anchor Is..."

Choose one key verse that serves as your family's foundation. It can change from season to season, but it should be a Scripture that:

- Your kids can memorize
- You can refer to often
- Speaks to who you are and how you live

Some excellent "anchor" verses include:

- "As for me and my house, we will serve the Lord." — Joshua 24:15
- "Do not be conformed to this world..." — Romans 12:2
- "Love the Lord your God with all your heart..." — Deuteronomy 6:5
- "Walk in a manner worthy of the Lord..." — Colossians 1:10

You might also let your kids vote on the anchor verse to involve them in the process.

3 “We Stand For...”

This section affirms what your family values. It’s important that your kids not only hear what you’re against, but what you’re for. That helps build a positive framework for Christian living. Ideas to list here:

- Truth
- Compassion
- Biblical marriage
- Life from conception
- Integrity
- Serving others
- Boldness in faith
- Respect for authority
- Hard work
- Grace and truth

Example:

“We stand for God’s truth, even when it’s unpopular. We stand for loving others with compassion. We stand for courage, honesty, and faith.”

4 “We Stand Against...”

This isn’t about stirring up arguments—it’s about clarity. The world doesn’t hesitate to declare what it stands for. Our kids need to know there are things Christians must stand against, not in hatred, but in holy conviction.

Ideas to list here:

- Lies from the enemy
- Sinful behavior
- Disrespect
- Abortion
- Pride and selfishness

Example:

“We stand against anything that goes against God’s Word. We don’t follow the world—we follow Christ.”

This is also a chance to talk with your kids about why we stand against these things—because they harm people, dishonor God, and lead us away from His best.

OUR FAMILY'S WORLDVIEW WALL

OUR FAMILY BELIEVES...

OUR BIBLE VERSE ANCHOR IS...

WE STAND FOR...

WE STAND AGAINST...



Resources & What's Next

Planting truth in your child's heart is sacred work—but you don't have to do it alone. There's a community of parents just like you—digging in, showing up, and standing firm. Below are some of my favorite tools to support you on this journey. These are things I've personally used, recommended, or seen bear fruit in real families.

None of these are magic solutions. They're just helps—a way to remind, reinforce, and root your children in the truth of God's Word.

Use them. Share them. Revisit them when your own heart needs encouragement.

Books to Build a Biblical Worldview in Kids

"The Ology" by Marty Machowski: A beautifully illustrated theology book for kids, written in story form. It walks through key truths about God and the gospel in a way children can understand. Great for ages 6+.

"Indescribable" by Louie Giglio: This science-based devotional ties the wonders of creation back to the Creator. Perfect for kids fascinated by the world around them—and a reminder that science and faith aren't enemies.

"Window on the World" by Molly Wall & Jason Mandryk: A prayer guide for kids that introduces them to different cultures and nations, while helping them pray missionally. Builds empathy and global-minded faith.

"The Garden, the Curtain and the Cross" by Carl Laferton: A gospel-centered picture book that helps children understand the full story of redemption—from Eden to the cross and beyond.

"Mama Bear Apologetics Guide to Sexuality" by Hillary Morgan Ferrer: Written for moms, not kids—but this book equips you to have hard conversations with biblical clarity and compassion.

Podcasts for Parents Raising Counter-Culture Kids

Raising Cross Formed Kids (by Cross Formed Kids):

Short, punchy episodes that equip parents to disciple their kids with depth and intention. They believe even young children can learn sound theology.

Mama Bear Apologetics Podcast: Helps Christian moms understand and explain tough topics like culture, gender, truth, and worldview—without getting overwhelmed.

Founders Ministries: The Sword & The Trowel: A conservative, biblically grounded take on current events and cultural issues. Great for sharpening your own worldview so you can better lead your family.

Family Discipleship Podcast (by The Village Church):

Gospel-centered, practical discussions on parenting, family rhythms, and cultivating a Christ-first home life.

Truth Love Parent: Biblical parenting advice that digs deep into scripture, not pop psychology. Every episode is rooted in the idea that God's Word is sufficient for every parenting need.

Tools & Resources to Use With Your Kids

Seeds Family Worship

(www.seedsfamilyworship.com): Scripture memory songs your whole family will love (and get stuck in your head—in a good way). High-quality music straight from the Bible.

BibleProject Kids Series: Animated explainer videos, printables, and resources to help kids understand big Bible truths. Great for visual learners and curious minds.

Not Consumed Ministries—Family Bible Studies

(www.notconsumed.com): Ready-to-use, age-appropriate Bible studies and family devotionals. These are a lifesaver if you want solid content but don't have time to create your own.

Tiny Theologians (www.tinytheologians.com): Flash cards, activity kits, and printables to help kids explore theology, church history, and doctrine—designed just for little hands and hearts.

Fighter Verses App (by Truth78): Helps the whole family memorize and meditate on Scripture through curated verse sets, songs, and quizzes. A great tool for building long-term biblical literacy.

Stay Connected

his little guide is just the beginning.

I'm constantly creating new tools, devotionals, printable cards, and family discipleship resources. If this lead magnet encouraged you—if you saw your own heart or your child's needs in these pages—make sure you're on my email list.

That's where I share new releases, free downloads, encouragement, and biblical parenting support you won't find anywhere else.

You can join the Plain Truth Mama email community here:
plaintruthmama.com/newsletter

Let's walk this road together. Faith.
Family. Freedom.



Coming Soon: The Full Truth-at-Home Parenting Kit

This ebook is just a piece of something much bigger.

Right now, I'm working on a full Truth-at-Home Parenting Kit—a digital download packed with everything you need to disciple your children in everyday life.

Here's a sneak peek of what it will include:

- A full year of printable conversation starters, sorted by age
- Scripture card sets with icons + matching devotional reflections
- Truth-at-Home habit trackers & wall charts
- Age-appropriate cultural lie vs. biblical truth guides
- Parent equipping guides on tough topics (gender, identity, truth, etc.)
- "Truth Talk" table cards for dinner discussion
- Bonus video workshops from Plain Truth Mama

Whether you're homeschooling or public schooling, parenting toddlers or teens, this will be a toolkit you can grow into—designed to help you raise strong, rooted, counter-culture kids.

Want to be the first to know when it launches (and get an early-bird discount)?

Join the waitlist here: plaintruthmama.com/truthkit

You don't have to be the perfect mom to raise kids in truth. You just have to be a present one. One who listens. One who prays. One who keeps showing up—even when it's hard.

God will do the rest.

So keep going, Mama. You're not alone. You're raising warriors.

And truth is your greatest weapon.





Why This Matters

You're here because you see the cracks forming. You're watching the culture creep into your home through tiny cracks—in a cartoon joke, a classroom lesson, a casual conversation on the playground. You feel the weight of it. The urgency. The sacred responsibility of shaping your child's view of truth before the world gets there first.

And you're not crazy for feeling it. You're discerning.

The enemy is after the next generation—and he isn't subtle about it anymore. He doesn't wait until they're older. He goes after their identity early, clouding their view of right and wrong, making sin look beautiful and truth look hateful.

But here's the good news: God is still sovereign. Truth is still truth. And parents like you still make all the difference.

Truth-Building Is Everyday Work

The most powerful discipleship doesn't happen from behind a pulpit or inside a classroom. It happens at your kitchen table. On the living room floor. In the school pickup line. It happens when your child hears you say, "That doesn't line up with what God says." When they hear you pray instead of panic. When they see you choosing truth even when it costs something.

These moments aren't small. They're eternal.

Our kids may never remember the exact words we said, but they will remember what we believed. What we stood for. What we modeled. Our words, our tone, our consistency—it all builds the framework of their worldview.

So don't buy the lie that this work doesn't matter. Don't think for a second that because your child rolls their eyes or shrugs their shoulders, the seeds aren't sinking in. They are.

Faithful, Not Flawless

You won't get it perfect. You're going to forget to ask the question at dinner. You'll miss a day of Scripture cards. You'll react instead of respond. You'll feel like you're failing sometimes. That's okay.

This isn't about performance. It's about presence.

Your child doesn't need a perfect parent—they need a present one. A parent who shows up, who tries again, who admits when they've missed it and still points to Jesus. They need to see what real repentance looks like. What humility sounds like. What faithfulness feels like in the everyday.

You are that example—even in your flaws.

God doesn't need perfect vessels to accomplish His perfect work. He needs willing ones. Faithful ones. And that's who you are.

What You're Really Building

You're not just building habits. You're building legacy.

Every conversation about truth, every verse taped to a mirror, every "what's one way we can live this out?"—it's all forming something stronger than you can see right now. It's creating spiritual muscle memory in your kids. Teaching them how to think when the world screams lies. Teaching them how to hold fast to God's Word when everything else shifts.

You're building the kind of foundation that will outlast childhood and carry into adulthood. You're preparing them to become truth-carriers in their generation.

This is no small task. It is holy work.

And when it feels like no one sees—God sees. When it feels like you're sowing in silence—He hears every whispered prayer. When it feels like you're failing—He reminds you that His strength is made perfect in your weakness.

You're Not Alone

You're not the only one standing in the gap. There are mamas all across this nation choosing truth over ease. Choosing faith over fear. Choosing to raise kids who aren't swept away by every cultural current.

We're in this together. And we're stronger together.

When you feel tired, come back to this space. Revisit the scripture cards. Reprint the Worldview Wall. Reignite the daily habits. Not as a checklist, but as a reminder of what you're fighting for.

Truth isn't trendy—but it's unshakable.

And the more we anchor our homes in God's Word, the more our children will have a place to come back to when the world tries to pull them away.

This Matters More Than Any Sports Practice, School Project, or Perfect Bedtime

The world will tell you that success looks like trophies, good grades, and packed schedules. But when eternity is your lens, you see it differently. You see that a verse hidden in the heart is worth more than a medal. A prayer whispered before sleep carries more power than a polished bedtime routine. A dinner table conversation about truth is more lasting than any extracurricular.

This matters more.

If you're planting truth in your home, you're already winning.

Not because it's easy. But because it's eternal.

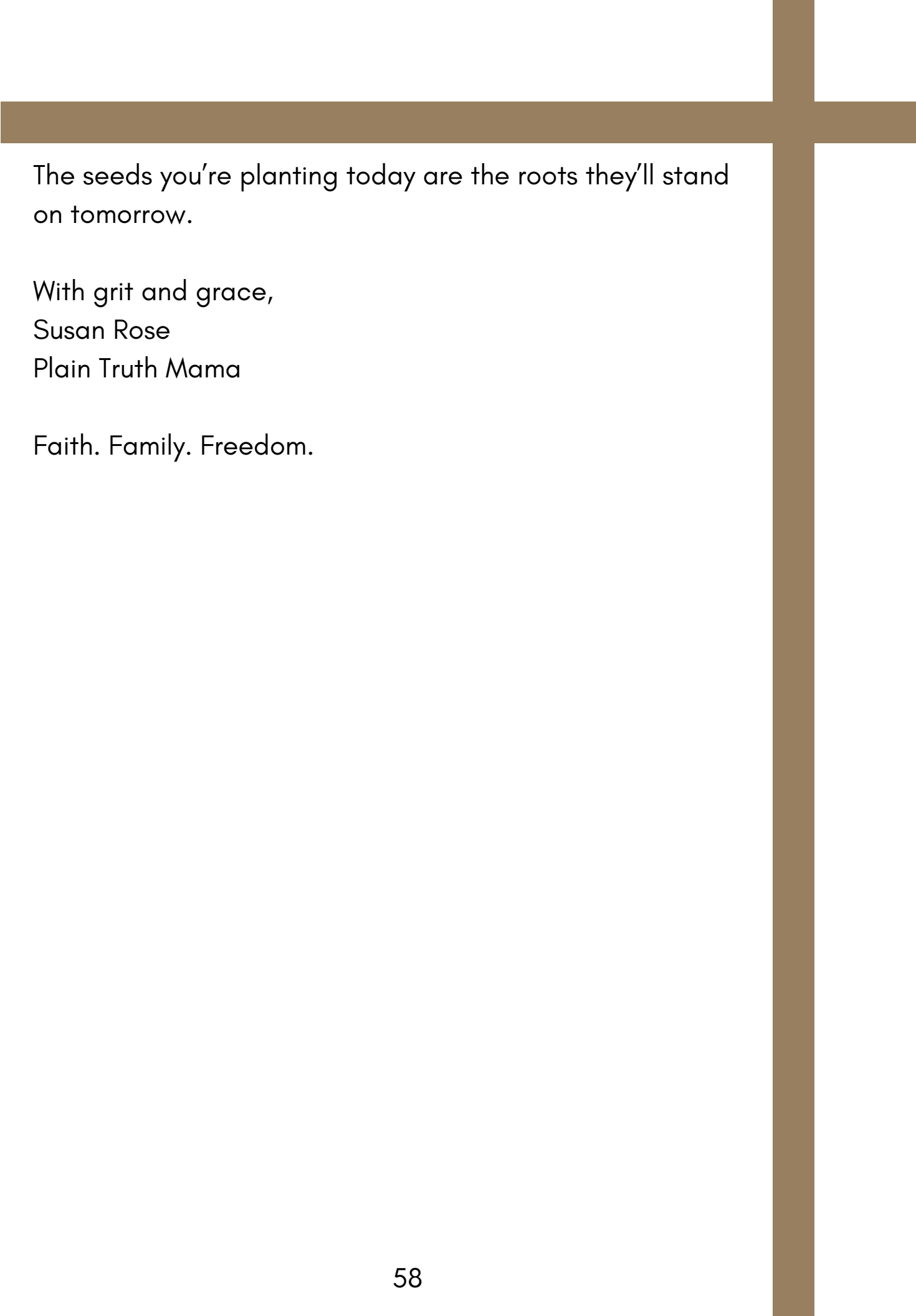
You're doing the hard, holy work of raising counter-culture kids—kids who know who they are, whose they are, and what they stand for.

Keep going, Mama.

When the fruit seems slow, keep going.

When the culture gets louder, keep going.

When you feel unseen, keep going.



The seeds you're planting today are the roots they'll stand on tomorrow.

With grit and grace,
Susan Rose
Plain Truth Mama

Faith. Family. Freedom.



About the Author

Susan Rose is the voice behind Plain Truth Mama—a space where faith meets family, and biblical conviction meets real-world motherhood.

A devoted wife, homeschooling mother, and unapologetic truth-teller, Susan equips parents to raise bold, biblically grounded kids in a culture that has lost its compass. She writes and speaks from her own lived experience—filled with both brokenness and beauty—and is passionate about helping other moms disciple their children with clarity, courage, and conviction.

When she's not creating resources or recording truth-filled reels, you'll find her baking from scratch, wrangling boys, sipping strong coffee, and faithfully holding the line for faith, family, and freedom.

Connect with Susan at plaintruthmama.com and join the email community for more discipleship tools, encouragement, and truth.

Keep in touch:



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